



গোলাঘাট পলিটেকনিক, ফৰকাটিংৰ  
'কেনডাড' দ্বাৰা আৰ্টিষ্ট ক্লাবৰ ২য় বাৰ্ষিকী উপলক্ষে প্ৰকাশিত

# কেনডাড

ই-আলোচনী, প্ৰথম সংখ্যা  
অক্টোবৰ ২০২০



- "টেকপাল্ছ" কাতি বিহুৰ বিশেষ সংখ্যা।
- বিশিষ্ট চিত্ৰশিল্পী পাপু ঘোষৰ সৈতে সাক্ষাৎকাৰ।
- আৰ্ট আৰু ফটো গেলেরী।





# কেনভাজ ই-আলোচনী..

কেনভাজ ক্লাবৰ দ্বাৰা প্ৰকাশিত ই-আলোচনী 'কেনভাজ' প্ৰথম সংখ্যা । শাৰদীয় বিশেষ । অক্টোবৰ ১৭ ,২০২০ ।

## বিশেষ সংযোজন

- টেকপাল্ছ (দৈনিক পত্ৰিকা) কতি বিহু বিশেষ সংখ্যা।
- দয়া আপডেটাৰ

**(আলোচনীত সন্মিলিত লিখা কেনভাজৰ হাতত সংৰক্ষিত, কোনো ধৰণৰ নকলৰ পৰা সৰ্বধান)**

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### Special Addition

- **Techpulse (The daily magazine) Kati Bihu Edition.**
- **The Updater .**

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কাৰেবী শৰ্মা ঠাকুৰ

সম্পাদনা : অৰিজিত গগৈ

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অনুপজ্যোতি সন্দিকৈ  
আশ্ৰমজ্যোতি শইকীয়া  
প্ৰিয়মপলী কলিতা  
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সম্পাদক : টেকপাল্ছ : ডেভিদ কায়স্থ শইকীয়া  
আপডেটাৰ : অংকুৰজ্যোতি শইকীয়া

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কেনভাজ ই-আনোচনী..

# অধ্যক্ষ মহোদয়ৰ মেজৰ পৰা...



ড° গৌতম বৰঠাকুৰ  
অধ্যক্ষ  
গোলাঘাট পলিটেকনিক।



ৰ'ক গাৰ্ডেন মুকলি কৰা মূহূৰ্তত  
অধ্যক্ষ মহোদয়।

গোলাঘাট পলিটেকনিকৰ কেনভাজ ক্লাব  
ৰ দুবছৰ সম্পূৰ্ণ হোৱাৰ উপলক্ষে  
'কেনভাজ' নামৰ এখন E-magazine  
প্ৰকাশৰ দিশত আগবঢ়া বুলি গম পাই মই  
নথৈ আনন্দিত। যোৱা দুবছৰত কেনভাজৰ  
লগত জড়িত সকলো সদস্যই সৌমিত  
সা-সুবিধাৰ মাজেৰে এখোজ দুখোজকৈ  
আগবাঢ়ি, নিজৰ উৎকৰ্ষ সাধনৰ লগতে,  
শিক্ষানুষ্ঠানখনৰ প্ৰতি যি দায়বদ্ধতা প্ৰকাশ  
কৰিলে সি সঁচাকৈয়ে প্ৰশংসনীয়।  
আশাকৰোঁ পৰবৰ্তী কালত নতুন  
সদস্যসকলে ইয়াৰ আঁতৰ্ধৰোতাৰ ৰূপত  
সৃষ্টিশীল কৰ্মৰাজিৰে নিজকে নিয়োজিত  
কৰিব। পৰবৰ্তী পদক্ষেপৰ সফলতা বাবে  
মোৰ আন্তৰিক শুভেচ্ছা জনালোঁ।  
সকলোৰে সুস্বাস্থ্যৰ কামনা কৰিলোঁ।



## Best wishes..



**Bikash Bharali**  
Livestock Farmer  
Gormur, Bokakhat  
Golaghat Assam.

With inherent, guidances, anyone may become an artist, but most lack the required patience till recognise but I am happy to know that Canvas club at Golaghat polytechnic has supporting the spirit of creative persons of our society. I admire the afford with my heartest wishes for continue its journey.





কেনভাজ ই-আন্দোলনী..

# শুভেচ্ছাবাণী..



প্ৰাজল পায়েং  
চিত্ৰশিল্পী, বোকাখাত

শিল্পীৰ হাতত আজি সমাজ  
পোহৰোৱাৰ গধুৰ দায়িত্ব।

কেনভাজ ক্লাবৰ এই সুন্দৰ যাত্ৰাৰ  
প্ৰতি আমাৰ আছে আস্থা আৰু  
আন্তৰিক শুভকামনা।



প্ৰাজল পায়েংৰ তুলিকাৰে





কেনডাজ ই-আমোচনী..

# কেনডাজৰ বিষয়বৰীয়া সন্কল

২০১৮-২০২০ বৰ্ষ:



সিদ্ধার্থ প্রথম গগৈ  
তত্ত্বাবধায়ক



নয়নজ্যোতি বৰগোহাঁই  
সভাপতি



নয়নজ্যোতি শইকীয়া  
সম্পাদক



ডাৰ্জজ্যোতি দাস  
উপ সভাপতি



গুঞ্জন কিশোৰ গগৈ  
সহ: সম্পাদক



কুনাল সোণোৱাল  
ফটোগ্ৰাফী সম্পাদক

কাৰ্যকাল : ১৮ ছেপ্টেম্বৰ ২০১৮ দৰা ১৮ ছেপ্টেম্বৰ ২০২০ লৈ।





কেনডাজ ই-আমোচনী..

# কেনডাজৰ বিষয়ববীয়া সকল বৰ্তমানৰ



বগবৈশী শৰ্মা ঠাকুৰ  
তত্ত্বাবধায়ক



অনুপ কান্দিবৈ  
সভাপতি



আৰিজিট গগৈ  
সম্পাদক

সহকাৰী সম্পাদক সকল :



প্ৰিয়মপলী বগলিঠা  
গেলেৰী সম্পাদনা:



অনুপ বৰা



ভেজিৎ শইকীয়া



আশ্ৰমাভ্ৰোগ্যেষ্ঠী শইকীয়া  
প্ৰচাৰ সম্পাদক



বিবেক বিষ্ণু পাটৰ  
ৰক গাৰ্ডেন :



দেৱশীষ দত্ত



ৰিচশ্ৰী শাজৰিকা



চন্দ্রমা শইকীয়া



শ্ৰোছমা ফুকন



চৈয়ব আনচৰী



জীয়াউদ্দিন আহমেদ



দেৱশীষ বৰা



বিপ্লৱ বগলিঠা



অঃঃফুৰাভ্ৰোগ্যেষ্ঠী শইকীয়া



মঞ্জিল শাজৰিকা





কেনডাজ ই-আনোচনী..

## স্মৃতিপত্র

১. Discussion about Mathematics Paper of Assam Joint Lateral Entry Examination : Siddhartha Protim Gogoi,
২. Photography: Passion or Profession : Bitupon Kakoti,
৩. How to improve writing skills : Kavery Sharma Thakur,
৪. ছবিৰ কথাবতৰা , চিত্ৰশিল্পী পাপু ঘোষৰ সৈতে নয়নজ্যোতি শইকীয়া।
৫. Art of Revolution,
৬. Some romours about covid-19 : Tosfia Begum,
৭. Covid played the game against India Economy: Sazid Ahmed,
৮. importance of art schooling : Plabita Khaund,
৯. Some essential point for mobile Photography: Anup Handique,
১০. A word against the word "damaged Good",
১১. নমতা আলহী : ডেভিদ শইকীয়া।
১২. মানৱ জীৱনত ফেচবুকৰ ভূমিকা : অংকুৰজ্যোতি শইকীয়া।
১৩. কভিদ আৰু আমাৰ সমাজ: বিমানজ্যোতি বৰবৰা
১৪. পাহাৰী চিত্ৰকলাৰ কিছু কথা : বিবেক বিকুল পাতৰ।
১৫. টেক পাল্ছ।
১৬. দ্যা আপদেটাৰ।
১৭. কেনডাজৰ আলোকপাত।
১৮. ফটো গেলেৰী।
১৯. আৰ্ট গেলেৰী ।



Discussion about Mathematics Paper of

## Assam Joint Lateral Entry Examination (JLEE)



**Siddhartha Protim Gogoi**  
Lecturer in Mathematics  
Golaghat Polytechnic

Before going to discuss about the Mathematics Paper of Assam Joint Lateral Entrance Examination (JLEE), let us 1st discuss about what is JLEE, it's exam pattern and syllabus.

What is JLEE: Assam Joint Lateral Entrance Examination (JLEE) is an entrance exam for the candidates who are seeking admission for B.E. Course in various colleges under Assam Science and Technology University (ASTU). Students completing (or studying in the last semester) their Polytechnic Diploma Course can apply to this exam. The qualifying students of this exam can get direct entry into the third semester of B.E. Course in Assam Engineering College, Jorhat Engineering College, Jorhat Institute of Science and Technology, Bineswar Brahma Engineering College, Barak valley Engineering College and Golaghat Engineering College. In the previous years, this exam was held in the month of June/July. But, due to the pandemic created by corona-virus, this year JLEE was held at 12 October, 2020.

Exam Pattern of JLEE: Assam JLEE Exam 2020 is an Offline Exam (Pen & Paper Based Test) with 100 numbers of Multiple Choice Questions. The medium of the question paper is English Language only. Students will get 4 marks for each correct answer and  $-1$  for each wrong answer. The duration of Assam JLEE Exam 2020 is 3 hours.

JLEE 2020 paper contains 4 sections that are Graphics, Basic Computer, Mathematics & Engineering Branch. Graphics, Basic Computer and Mathematics are common sections for each candidate. In the Engineering Branch sections candidate can choose any one of the subjects from Civil Engineering, Mechanical Engineering, Electrical Engineering and Electronics and Telecommunication Engineering. There are 10 questions in Graphics section, 10 questions in Basic Computer sections, 30 questions in Mathematics section and 50 questions in Engineering Branch section.





ASTU JLEE 2020 Syllabus – Subject Wise:  
The important topics in each section of JLEE are given below:

## Mathematics

- 1.Polynomials: Relations between zeroes and coefficients of a polynomial up to order four.
- 2.Complex Numbers.
- 3.Permutations and Combinations.
- 4.Binomial Theorem.
- 5.Logarithms.
- 6.Sequences and Series: Arithmetic, Geometric, Exponential and Logarithmic Series.
- 7.Matrices and Determinants.
- 8.Trigonometry [General and Inverse (both)].
- 9..Mensuration: Area of curvilinear figure using Simpson's 1/3rd Rule and Surface and Volume.
- 10.Co - Ordinate Geometry of Two Dimensions: Distance Formula, Section Formula, Straight Line, Circles, Parabola, Ellipse and Hyperbola.
- 11.Introduction to Three Dimensional Geometry.
- 12.Vectors: Scalar and Cross Product
- 13.Sets, Relations and Functions
- 14.Limits, Continuity and Differentiability
- 15.Derivatives.
- 16.Applications of Derivatives: Tangent and normal, Maxima and Minima.
- 17.Integration: Indefinite and Definite
- 18.Application of Integrals
- 19.Differential equations
- 20.Statistics
- 21.Probability

## Graphics

- 1.Drawing fundamentals
- 2.Ornaments & motifs
- 3.Innovation in design
- 4.Principles of composition
- 5.Inspiration & design development
- 6.Theme development
- 7.Design theory
- 8.Natural & geometrical form
- 9.Exercises on imagination
- 10.Optical illusion
- 11.Imagination & doodling
- 12.Understanding light & shade
- 13.Elements & principles of design
- 14.Color psychology & optical illusions
- 15.3D visualization
- 16.Developing observation.
- 17.Good design vs. bad design

- 18.Optical illusion
- 19.Mood, theme & color inter-relationship
- 20.Visual logic
- 21.Outline for beginners
- 22.Colour terminology

## Basic Computer

- 1.MS Word, Microsoft OneNote
- 2.Microsoft Access
- 3.Introduction to Computer Science
- 4.Booleam Algebra
- 5.Computer Networks
- 6.Emerging Technologies and Web Publishing
- 7.PC Software and Office Automation
- 8.Database Management System
- 9.Data Structures
- 10.MS PowerPoint
- 11.MS Visio and MS Excel
- 12.Microsoft Outlook
- 13.The Internet
- 14.Workplace Productivity Tools
- 15.MS Project, Microsoft Publisher

## Mechanical Engineering

- 1.Engineering Mechanics
- 2.Engineering Materials
- 3.Mechanisms and Machines
- 4.Fluid Mechanics
- 5.IC Engines, 6.Refrigeration and Air conditioning
- 7.Turbo Machinery
- 8.Thermodynamics and Heat transfer
- 9.Power Plant Engineering
- Renewable Sources of Energy
- 10.Design of Machine Elements
- 11.Manufacturing technology
- 12.Industrial and Maintenance Engineering
- 13.Mechatronics and Robotics

## Electrical Engineering

- 1.Analog and Digital Electronics
- 2.Systems and Signal Processing
- 3.Control Systems
- 4.Electrical Machines
- 5.Electrical and Electronic Measurements
- 6.Engineering Mathematics
- 7.Electric Circuits and Fields
- 8.Computer Fundamentals
- 9.Basic Electronics Engineering
- 10.Electrical Materials
- 11.Power Systems
- 12.Power Electronics and Drives

## Electronics and Telecommunication Engineering

- 1.Analog and Digital
- 2.Communication Systems
- Control Systems
- 3.Computer Organization and Architecture
- 4.Electro Magnetics
- 5.Advanced Electronics Topics
- 6.Basic Electrical Engineering
- 7.Materials Science
- 8.Advanced Communication Topics
- 9.Basic Electronics Engineering
- 10.Electronic Measurements and Instrumentation
- 11.Network Theory
- 12.Analog and Digital Circuits





## Civil Engineering

- 1.The flow of Fluids, Hydraulic Machines and Hydro Power.
- 2.Fluid Mechanics, Open Channel Flow, Pipe Flow.
- 3.Hydraulic Machines and Hydropower
- 4.Hydrology and Water Resources Engineering.
- 5.Environmental Engineering.
- 6.Water Supply Engineering
- 7.Building Materials
- 8.Structural Analysis
- 9.Design of Steel Structures
- 10.Design of Concrete and Masonry structures.
- 11.Construction Practice
- 12.Planning and Management
- 13.Waste Water Engineering
- 14.Solid Mechanics
- 15.Solid Waste Management
- 16.Air, Noise pollution, and Ecology
- 17.Geotechnical Engineering and Foundation Engineering
- 18.Surveying and Geology
- 19.Transportation Engineering
- 20.Highways
- 21.Tunneling
- 22.Railways Systems
- 23.Harbors
- 24.Airports

### Discussion about the Mathematics Section in JLEE 2020 Paper:

There are 30 multiple choice questions in the Mathematics section of latest JLEE 2020 paper with one wrong question (question is correct, but the correct answer is not in the option). Candidates can get 4 marks in each correct answer and – 1 marks in each wrong answer. In the previous years, it was seen that the difficulty level of the questions in JLEE is slightly higher than the semester papers of Polytechnic Diploma Course. But, this year, the difficulty level of the questions is as same as the semester papers of Polytechnic Diploma Course. So, the candidates having basic knowledge in mathematics in their semester can easily get good score in JLEE 2020.

JLEE 2020, Mathematics section contains one question each from Polynomials, Complex Numbers, Permutation and Combination, Binomial Theorem, Logarithm, Sequence and Series, Matrices and Determinants, Simpson's 1/3rd Rule, Volume of a Solid. It contains one question from Invertible function, two questions from Limit, one question from continuity, one question from derivatives and two questions from Application of derivatives (one each from Tangent and Normal and Maxima and Minima). It contains one each from Indefinite Integrals, Definite Integrals and application of Integrals. It contains five questions from General Trigonometry and six questions from Two Dimensional Geometry (Two from Straight Line, Three from Circles and one from Ellipse).

JLEE 2020 paper contains higher number of questions from General Trigonometry and Two Dimensional Geometry compared to the previous year papers. This year there is no questions from Inverse Trigonometry, Three Dimensional Geometry, Vectors, Differential Equations, Statistics and Probability. But, the previous year papers contain at least one question each from these areas.

### JLEE 2020 results of Golaghat Polytechnic students:

Golaghat Polytechnic started its 1st batch of Polytechnic Course from 2017 and the 1st batch completed all the six semesters of their course in this year. Some students of this batch appeared in the JLEE 2020 Exam. Among them three students got some good rank and they got direct admission into the 3rd semester B.Tech./B.E.

Programme in Different Engineering Institutes of Assam. Chandan Jyoti Hazarika from Biomedical Engineering Branch of Golaghat Polytechnic secured 4th rank (Marks obtain 122 out of 400) in Electronics and Telecommunication Engineering and got a seat in Assam Engineering College, Guwahati. Makhan Das (Rank 18, Marks 164 out of 400) and Bhaskar Jyoti Gogoi (Rank 21, Marks 161 out of 400) both from Mechanical Engineering Branch of Golaghat Polytechnic got a seat each in Jorhat Institute of Science and Technology, Jorhat in the Mechanical Engineering Branch.

Reference: freshersnow.com

[N.B. Interested readers may go through the link to see some previous year papers with solutions.]

<https://classroom.google.com/c/MTk0ODU3MzY5ODQ3/p/MTk0ODU5MDE0OTE5/details>





# CANVAS E-magazine..

## PHOTOGRAPHY: PASSION OR PROFESSION



Bitupan Kakati

Lecturer in  
Mechanical  
Engineering

PHOTOGRAPHY IS A WAY OF FEELING, OF TOUCHING, OF LOVING. WHAT YOU HAVE CAUGHT ON FILM IS CAPTURED FOREVER.. IT REMEMBERS LITTLE THINGS, LONG AFTER YOU HAVE FORGOTTEN EVERYTHING.

-AARON SISKIND

SOMETIMES WE SEE THINGS, BUT WE DO NOT ACTUALLY CATCH SOMETHING BEYOND THEM. IN SOME CASES, IT IS EASY TO SEE ARTISTIC PEOPLE AND THINGS THAT OTHER PEOPLE CANNOT IMAGINE. EVERYONE HAS THEIR OWN TALENT AND CAN EXPRESS AND DEAL WITH THEM IN VARIOUS WAYS. WHAT YOU SEE MAY MEAN SOMETHING QUITE DIFFERENT FROM OTHER THINGS; FOR EXAMPLE, SOMETHING SOMEONE MIGHT SEE IS SIMPLE, BUT FROM THE POINT OF VIEW OF THE ARTIST IT IS A NEW DEFINITION, DIMENSIONS, AND POTENTIAL NEW DISCOVERIES.

HUMAN ENTHUSIASM IS THE REAL SOURCE OF PERSONALITY.

WE ALL LIVE IN PHOTOGRAPHY. PICTURES ARE THE MOMENTS THAT WILL LAST FOREVER IN OUR LIFE. FOR ME, THE OVERALL CONCEPT OF PHOTOS IS ATTRACTIVE. THE FLASH HAS SUCH POWER. BY USING PHOTOS YOU CAN CHOOSE THE LIFE YOU WANT TO LEARN ABOUT YOUR LIFE AND ABOUT THE PEOPLE AND LIFE AROUND YOU.

YOUR FACIAL EXPRESSIONS ARE OVERWHELMING MEMORY AND ACHIEVEMENTS. YOU KNOW THAT YOU TREASURE THIS MOMENT FOREVER.

I FELL IN LOVE WITH PHOTOGRAPHY A LONG TIME AGO. I WAS 16 WHEN I FIRST STARTED TAKING PHOTOS. I

CAPTURED EVERYTHING WITH MY CELL PHONE CAMERA.

THEN I BOUGHT A DIGITAL SINGLE-LENS REFLEX CAMERA AT THE AGE OF 19. I WAS KNOWN AS THE FRIEND WHO ALWAYS HAS A CAMERA WITH HIM. I CHOSE PHOTOGRAPHY BECAUSE I WANT SHOW PEOPLE THE BEST THINGS ABOUT THEMSELVES. I WANT TO SHOW THE WORLD IN A DIFFERENT WAY THAT MAKES PEOPLE THINK

DEEPER. YOU SEE, PHOTOGRAPHY IS SO MUCH MORE THAN FOCUSING AND PRESSING A BUTTON. PEOPLE WHO TAKE PHOTOS ARE CAPTURING THE WORLD IN THEIR OWN WAY. IF 10 PEOPLE TAKE A PHOTO OF THE SAME SUBJECT, I GUARANTEE THAT THE PHOTO WILL LOOK DIFFERENT FROM EACH PERSON.

WE ALL HAVE DIFFERENT PERSPECTIVES. WHEN SOMEONE TAKES A PHOTO THEY ARE SHARING THEIR PERSPECTIVE. PHOTOGRAPHY ALSO TELLS A STORY. EVERYONE HAS A STORY. NOW THAT PEOPLE CAN CAPTURE IMAGES ON THEIR PHONES, EVERYONE IS CAPABLE OF TELLING THEIR OWN PERSONAL STORY THROUGH EVERYDAY PHOTOS. IT IS AMAZING THAT WE ARE ABLE TO DO THIS AT THE TIPS OF OUR FINGERS.





# CANVAS E-magazine..

## BUT HOW ABOUT PHOTOGRAPHY ITSELF AS YOUR CAREER?

WITH THE BOOM IN ADVERTISING, MEDIA AND THE FASHION INDUSTRY, PHOTOGRAPHY HAS EMERGED AS A LUCRATIVE AND THRILLING CAREER OPTION TO MANY OF INDIAN YOUTHS. UNTIL SOME YEARS AGO THE MASSES

REGARDED PHOTOGRAPHY AS A HOBBY PROFESSION ONLY, BUT NOW IT HAS NOW EMERGED IN A BIG WAY. THESE DAYS, PHOTOGRAPHY IS FAST EMERGING AS A POPULAR CAREER CHOICE AMONG ALL THE AGE GROUPS.

PHOTOGRAPHY IS BOTH A SCIENCE AND AN ART. IT IS AN ARTISTIC MEANS OF EXPRESSION, THE CAMERA REPLACING THE PEN OR THE PAINTBRUSH. A PHOTOGRAPHER MUST BE ABLE TO CREATE A GOOD COMPOSITION

OF ANY SUBJECT, A PIECE OF MACHINERY, THE BEAUTY OF HUMAN BODY, SCENERY OR A CHILD'S SMILE. IT IS RIGHTLY SAID THAT A SINGLE PICTURE CAN SOMETIMES BE MUCH MORE ELOQUENT THAN A THOUSAND

WORDS. FEW VOCATIONS OFFER A LARGER VARIETY OF PROSPECTS THAN DOES PHOTOGRAPHY. PHOTOGRAPHY

IS DIVIDED INTO MANY STREAMS EACH GENERATING NUMEROUS JOB OPPORTUNITIES.

OKAY. SO I HAVE AN ENGINEERING/MBA DEGREE, WHY SHOULD I CHOOSE A PHOTOGRAPHY CAREER? QUESTIONS LIKE THIS OFTEN POP INSIDE US WHILE WE THINK OF CHANGING CAREERS FROM WHITE-COLLAR

JOB TO BUSINESS, AND IT'S COMPLETELY RATIONAL. ONE MAY HAVE A HUNDRED REASONS TO OPT FOR A JOB

BUT JUST A CRAZY DECISION IS REQUIRED TO RUN BEHIND THE PASSION.

THERE ARE A THOUSAND CAREERS TO CHOOSE BUT VERY FEW REQUIRE JUST KNOWLEDGE TO MAKE BIG MONEY.

WEDDING PHOTOGRAPHY IS ONE OF THEM BECAUSE ALL YOU NEED IS CREATIVITY AND COMMAND OVER THE CAMERA. ONE CAN PROFIT A LOT EVEN FROM SMALL EVENTS LIKE ANNIVERSARIES, BIRTHDAYS, ETC. IN OUR COUNTRY, EVENTS LIKE WEDDINGS, NO MATTER HOW LOW BUDGET, WEDDING PHOTOGRAPHERS CHARGE MORE

THAN 25K, WHERE THE PROFIT MARGIN IS BEYOND IMAGINATION. ONCE YOU HAVE A HANDFUL OF HAPPY CLIENTS AND EXPERIENCE OVER THE FIELD, A DECENT WEDDING PHOTOGRAPHY BUDGET STARTS WITH OVER 100K, AND THEN THE SKY IS THE LIMIT.

A MODERN DAY PHOTOGRAPHER CAN WORK IN MANY AVATARS, THE NOTABLE AMONG THEM INCLUDE:

- 1) PRESS PHOTOGRAPHERS/PHOTOJOURNALISTS
- 2) FEATURE PHOTOGRAPHERS
- 3) COMMERCIAL (INDUSTRIAL) PHOTOGRAPHERS
- 4) PORTRAIT AND WEDDING PHOTOGRAPHERS
- 5) ADVERTISING PHOTOGRAPHERS
- 6) FASHION PHOTOGRAPHERS
- 7) FREELANCE PHOTOGRAPHER





# CANVAS

E-magazine..

**FREELANCING HAS BEEN THE MOST POPULAR CAREER CHOICE AMONG PHOTOGRAPHERS. PHOTOGRAPHERS**

**WHO**

**WANT TO BE SELF-EMPLOYED NEED TO HAVE BUSINESS MANAGEMENT SKILLS. THEY CAN DO FREELANCING IN ANY OF THE ABOVE FIELDS.**

**GOODWILL + HONESTY IS THE KEY TO SUCCESS IN EVERY BUSINESS, AND IT COMES WITH HARD WORK AND**

**DEDICATION. ALTOGETHER, IT'S A PERFECT CAREER FOR SOMEONE LOOKING FOR LIFETIME ADVENTURE AND EXCITEMENT. ADVENTURE BECAUSE YOU'LL HAVE TO TRAVEL A LOT, EAT A LOT AND EXCITEMENT BECAUSE YOU'LL SEE NEW FACES, MEET STRANGERS, AND MAKE NEW FRIENDS ALMOST EVERY DAY. THERE MAY BE STRUGGLES AT THE BEGINNING BUT ONCE YOU MASTER YOUR GADGET, PEOPLE WILL BOOK APPOINTMENTS.**

**THERE IS NEITHER ESTIMATION OF HOW MUCH YOU CAN EARN, NOR THERE IS ANY RETIREMENT AGE. THE WEDDING BUSINESS IS ALWAYS A STREAM OF POSSIBILITIES. AS I TOLD EARLIER, IF YOU HAVE THE RIGHT**

**GAME PLAN, THEN THE SKY IS YOUR LIMIT.**







# CANVAS E-magazine..

## HOW TO IMPROVE WRITING SKILLS?



**Kaberi Sarma Thakur**  
**Lecturer (English)**

“There is no rule on how to write. Sometimes it comes easily and perfectly: sometimes it’s like drilling rock and then blasting it out with charges.” --- Earnest Hemingway.

Writing can be intimidating to a lot of people, particularly for those who don’t write for a living or on a regular basis. But, anybody can improve their writing skills with a little discipline and a willingness to learn. The first and the most important thing one must get clear about is “Start writing, no matter what.” Don’t be disappointed if you don’t create a masterpiece on your first attempt. It is pretty obvious that every writer, even the best ones’ first drafts are always crap and that’s perfectly okay. Persistence is the key to effective writing. Get your ideas on paper and gradually you get better with your work.

However, there are certain effective writing tricks which will help you become a better writer.

(a) Be consistent: Make a habit of writing. This is by far the most effective way to improve your writing skills. You need to practice and learn to fix your own weaknesses. Write online content on various topics, start creating social media posts to help your overall writing skill and to maintain consistency.

(b) Be a good reader: Reading on a regular basis is an easy way to start developing your writing skills.

The more you read, the more likely you are to develop an eye for what makes a piece so effective, and which mistakes to avoid.

(c) Understand the basic principles: Having a comprehensive knowledge on grammar and a good command over the language are some of the indispensable tools of a good writer. After you have mastered the basic skills, try advanced writing techniques one by one.

(d) Create an outline: Think about what you want to write and plan for it accordingly. Create a simple outline for yourself with your topics, sub-topics, your writing sequence, for whom you want to write, etc, so that, you don’t get lost on your way while writing. It is important to have a clear map of your ideas and the concepts you are going to write about before you dive into the real process of writing.

(e) Do some research: We all are inclined towards some writings with which we can connect ourselves and thus, they eventually become our favourites. Print out some of your favourite works by your favourite authors and try finding common threads between them and your writings, identify what is that you enjoy about their works. Those can be certain choice of vocabulary, construction of sentences, phrases or so on. Examine them thoroughly, see if you can use them to improve your writing and developing your own style.





**CANVAS** E-magazine..



nayanjyoti borgohain  
ex-president

## **ART OF REVOLUTION**

**THE WORLD BASED ON A CLASS SYSTEM WHERE A SMALL MINORITY DOMINATES , EXPLOITING THE MAJORITY , THE WORKING CLASS AND POOR . NOT ONLY THROUGH CONTROL OF THE ECONOMIC SYSTEM . IT ALSO USE THE MAIN LEVELS OF THE STATE , WHICH INCLUDE THE EDUCATION SYSTEM , MASS MEDIA AND CULTURAL ACTIVITY . THERE HAS NEVER BEEN A REGIME IN HISTORY THAT COULD STOP PEOPLE THINKING AND CREATING ART AND ARTIST PLAY A FUNDAMENTAL ROLE IN THE ADVANCEMENT OF A REVOLUTION . WHETHER IT BE VISUAL ART , SPOKEN WORD OR MUSIC , ART GIVES US AN OUT LOOK ON HOW WE FELT DURING THIS TIME . IT IS TIMESTAMP IN OUR LIVES OF THE MOMENTS AND MOVEMENTS THAT HAVE BEEN HAPPENING THE DAILY . THERE IS A LOT THAT WE CAN BE LEARNING FROM BOOKS DOCUMENTARIES , PODCASTS AND TV SHOWS BUT ART TAKE THIS KNOWLEDGE A STEP FURTHER .**





Tosfiya Bagum

Ex-Student

## SOME RUMOURS ABOUT COVID-19

**1. MYTH: Covid-19 is an airborne disease**

**FACT: Covid -19 is not airborne disease and is mainly transmitted through droplets generated when an infected person coughs, sneezes or speaks.**

**2. MYTH: The novel corona virus affect older people**

**FACT: People of all ages can be infected by the novel corona virus (nCOV-2019), Older people and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appears to be more vulnerable**

**3. MYTH: A moist throat can ensure protection from corona infection.**

**FACT: There is no scientific evidence to support this claims**

**4. MYTH: The virus survives a few hours.**

**FACT: Studies suggest that corona viruses may persist on surfaces for a few hours or upto several days. This may vary under different conditions (eg, types of surfaces, temperatures or humidity of the environment**

**5. MYTH: Regularly rinsing your nose with saling will help prevent infection with corona viruses**

**FACT: There is no evidence that regularly rinsing the nose with saling has protected people from infection of corona virus**

**6. MYTH: Heavy intake of vitamin-C can help in curing corona infections**

**FACT: Regular intake of vitamin-C boosts immunity. However excessive intake is not recommended**

**7. MYTH: Inhaling steam from hot water kill the virus**

**FACT: No, inhaling steam doesn't kill the virus. Respiratory hygiene, social distancing and washing hands are the effective measures to prevent covid-19.**

**8. MYTH: Drinking alcohol prevent one against covid-19**

**FACT: Drinking alcohol doesn't protect one against covid-19 and can be dangerous for one's health.**

**9. MYTH: Indian has entered stage 3 of the covid-19 infection.**

**FACT: online news portal claiming that India has entered the stage 3 transmission of covid-19 is misleading.**





sajid ansari  
ex-member

## COVID PLAYED THE GAME AGAINST INDIAN ECONOMY

**GDP (GROSS DOMESTIC PRODUCT) IS THE TOTAL MONETARY OR MARKET VALUE OF ALL THE FINISHED GOODS AND SERVICES PRODUCED WITHIN A COUNTRY'S BORDERS IN A SPECIFIC TIME. AS BROAD MEASURE OF OVERALL DOMESTIC PRODUCTION ITS FUNCTION AS A COMPREHENSIVE SCORECARD OF A GIVEN COUNTRY'S ECONOMIC HEALTH THE CALCULATION OF A COUNTRY'S GDP ENCOMPASSES BOTH PRIVATE AND PUBLIC CONSUMPTION, GOVERNMENT OUTLETS, INVESTMENTS, ADDITION TO PRIVATE INVENTORIES, PLAN-IN CONSTRUCTION COSTS, AND THE FOREIGN BALANCE OF TRADE**

**GDP GROWTH RATE DIRECTLY IMPACTS THE ECONOMIES DEVELOPMENT OF A COUNTRY AN IN THE RECENT TIME IT HAS BEEN SEEN A MAJOR FALL IN THE GDP GROWTH RATE. INDIA IS ALSO WITH THE WORLD WITH A STEP FURTHER AHEAD. INDIA HAS SEEN A DRASTIC FALL IN GDP RECENTLY. BY THE END OF SECOND QUARTER OF 2020 INDIA'S GDP HAS FALLEN UP TO 23.9% WHICH IS WORST AMONG THE G20 NATIONS.**

**IS IT THE PANDEMIC ALONE TO BE BLAMED FOR THE SLUMP IN GDP? BUT IT WAS NOTED THAT THE COUNTRY WAS ALREADY IN THE PATH OF FALLING GDP. THE PRE PANDEMIC PERIOD HAD ALREADY GIVEN A GLIMPSE OF WHAT THE FUTURE HAD TO SHOW. INDIA HAD A GDP GROWTH RATE OF 8% BY THE END OF 2018 AFTER WHICH A CONSTANT DECLINATION WAS SEEN IN THE GDP GROWTH RATE. AND BY THE END OF 2019 IT WAS AROUND 5%. SINCE THE ECONOMY WAS ALREADY FALLING IT COULD NOT WITHSTAND THE EXTERNAL SHOCK OF THE PANDEMIC. IF THE ECONOMY IS RESILIENT ENOUGH IT WILL ABSORB SOME OF THE CONSEQUENCES OF THE SHOCK, BUT INDIAN ECONOMY WAS IN THE MIDDLE OF A CONTINUOUS TWO YEAR RECESSION WHEN COVID STRUCK.**





**INDIA'S GDP GROWTH RATE HAS BEEN SUFFERING THE WORST EVER CRASH SINCE THE INDEPENDENCE THE GDP FOR**

**APRIL TO JUNE FOR THIS YEAR FELL BY A MASSIVE 23.9% AS COMPARED TO THE SAME PERIOD LAST YEAR. BUT THERE WAS A 3.5% GROWTH RATE IN THE AGRICULTURAL SECTORS. THE INDEX OF EIGHT CORE INDUSTRY FELL BY 20.5% FOR APRIL TO JUNE 2019 COMPARED TO THE SAME PERIOD LAST YEAR. THE GROUP OF EIGHT-COAL, CRUDE-OIL, NATURAL GAS, REFINERY PRODUCT, FERTILIZERS, STEEL, CEMENT AND ELECTRICITY 40.27% OF THE INDEX OF INDUSTRIAL PRODUCTION.**

**INDIA 'S CURRENT ECONOMIC SLOWDOWN REFLECTS BOTH CYCLICAL AND STRUCTURAL FACTORS. A SLOW DOWN IN THIS**

**INVESTMENT CYCLE COMBINED WITH SUPPLY CONSTRAINTS AND AIR SUBDUED EXTERNAL ENVIRONMENT HAS CAUSED GROWTH TO SLOW TO BELOW TREND. WITH WEAK GLOBAL DEMAND FOR EXPORTS, INDIA CONTINUED ECONOMY EXPANSION WILL HAVE TO RELY INCREASINGLY ON DOMESTIC GROWTH DRIVERS.**

**IF INDIA PERSISTS WITH LACK OF REFORMS TO RECTIFY THE MACRO ECONOMY IMBALANCE, IT COULD INHABIT THE COUNTRY'S GROWTH POTENTIAL TO MUCH MORE EXTENT. GIVEN RECENT IMPORTANT PERSONNAL CHANGES IN THE FINANCE MINISTRY, IT REMAINS TO BE SEEN IF THE GOVERNMENT WILL FINALLY BITE THE BULLET ON A HOST OF LONG AWAITED POLICY REFORMS NEEDED TO RESTORE CONFIDENCE.**





## *Importance of art schooling*



**Plabita Khaund**

**Ex-Member**

WORKING IN THE ARTS HELPS LEARNERS TO DEVELOP CREATIVE PROBLEM SOLVING SKILLS . TEACHING THROUGH THE ARTS CAN PRESENT DIFFICULT CONCEPTS VISUALLY , MAKING THEM MORE EASY TO UNDERSTAND .

ART EDUCATION CONNECTS STUDENT WITH THEIR OWN CULTURE AS WELL AS WITH THE WIDER WORLD . VISUAL ART TEACH LEARNERS ABOUT COLOR, LAYOUT PERSPECTIVE AND BALANCE . EXPERIENCE IN ART BOOSTS CRITICAL THINKING OF STUDENTS, MAKING THEM OBSERVE THE WORLD THROUGH A MORE KEEN EYE WITH A WHOLE NEW PERSPECTIVE.

IT WAS NOT LONG AGO THAT ARTS EDUCATION IN SCHOOL WAS THOUGHT TO BE A LUXURY AND ART CLASSES WERE CUT FROM THE CURRICULUM TO MAKE ROOM FOR MORE TIME TO PREPARE FOR STANDARDIZED TESTS . CURRENTLY THERE IS MORE AND MORE INFORMATION AVAILABLE THAT SHOW HOW CRUCIAL ART INTEGRATION IS CREATING WELL ROUNDER , WELL PREPARED LEARNERS AND LEADERS.





# CANVAS

E-magazine..



**ANUP JYOTI HANDIQUE**  
PRESIDENT

## some essential points for mobile photography

**“TO ME, PHOTOGRAPHY IS AN ART OF OBSERVATION. IT’S ABOUT FINDING SOMETHING INTERESTING IN AN ORDINARY PLACE... I’VE FOUND IT HAS LITTLE TO DO WITH THE THINGS YOU SEE AND EVERYTHING TO DO WITH THE WAY YOU SEE THEM.”**

**— ELLIOTT ERWITT**

**I WAS VERY YOUNG WHEN I GOT INTRODUCED TO THE WORLD OF PHOTOGRAPHY MAY BE 5-6 YEARS BACK. AFTER COMPLETING MY H.S.L.C EXAMINATION, I GOT MY FIRST PHONE, LIKE EVERYBODY ELSE. IT WAS NOT THAT GREAT IN TERMS OF CAMERA, HOWEVER, I WAS VERY SATISFIED AND EXCITED TO HAVE THE SAME AS I GOT AN OPPORTUNITY TO EXPLORE THE WORLD THROUGH MY NEW LENS. I EXPERIMENTED WITH THE CAMERA FOR LIKE 2 YEARS AND AFTER I PASSED THE HS I WAS IN LOVE WITH PHOTOGRAPHY AND ALSO WANTED TO GET A DSLR BUT I COULDN'T AFFORD A BIG CAMERA. SO, I THOUGHT I WILL EXPLORE MORE WITH MY PHONE AND AFTER SOME YEARS IT WAS TIME TO UPGRADE MY PHONE AND I GOT MYSELF A NEW PHONE WITH A GOOD CAMERA AND I AM STILL USING IT TO CLICK PHOTOS AND TO MAKE VIDEOS. SO, THE POINT IS THAT IT DOESN'T MATTER WHAT WHAT GEAR OR GADGET YOU HAVE, MAY IT BE A 15,000 RUPEES SMARTPHONE OR A 1,50,000 BULKY CAMERA ALL YOU NEED TO HAVE IS A GOOD IMAGINATION AND PRACTICE HARD ON WHAT YOU LOVE.**





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**EVERYTHING IS UPGRADING, SAME IS IN THE CASE OF MOBILE PHONES. 7-8 YEARS BACK WE DIDN'T HAVE PHONES WITH A GOOD CAMERA SETUP. NOW, WE HAVE PHONES LIKE ONEPLUS, APPLE, XIAOMI, REALME ETC WHICH HAVE AN EXCELLENT CAMERA SETUP . WE NOW HAVE DUAL CAMERA, TRIPLE CAMERA AND QUAD CAMERA SETUP IN THE BACK OF ALMOST ALL PHONES WHICH MAKES PHONES VERSATILE AND USEFUL IN ALMOST EVERY SITUATION. ALSO, MOBILE PHOTOGRAPHY APPS GIVE YOU THE CREATIVE POWER OF PHOTOSHOP, AND MORE BESIDES, WITHOUT BEING TIED TO YOUR DESK. THIS MAKES MOBILE PHOTOGRAPHY INCREDIBLY LIBERATING FOR THE CREATIVE PHOTOGRAPHIC SPIRIT. TO IMPROVE YOUR PHOTOGRAPHY SKILLS YOU NEED TO BUY SOME EXTRA ACCESSORIES LIKE MOBILE LENS(FISHEYE,MACRO,WIDE,TELEPHOTO), MOBILE TRIPOD, LIGHTS ETC THESE ACCESSORIES WILL MAKE YOUR PHOTOS EVEN MORE AMAZING. TO EDIT YOUR PHOTOS YOU NEED SOME PHOTO EDITING APPS LIKE LIGHTROOM MOBILE, SNAPSEED, INSHOT, PICS ART ETC. AND MOST IMPORTANT YOU HAVE TO PRACTICE THE MANUAL MODE OR THE PRO MODE WHICH IS AVAILABLE IN THE INBUILT CAMERA APP WHICH ALLOWS YOU TO MANUALLY ADJUST ISO, SHUTTER SPEED, WHITE BALANCE, EXPOSURE VALUE(EV), FOCUS.**

**KEEP EXPLORING AND DON'T STOP  
EXPRIMENTING**





# CANVAS E-magazine..

## a word against the word "damaged good"

**"Boys will be boys."**

**"She was drunk."**

**"Women say "no" when they mean "yes."**

**"She was dressed like a slut"**

**And the phrases continue.**

**These popular phrases function as a powerful means by which the whole female population held in a subordinate position in the society. A girl limit her behaviour, her choices, a woman live her life in fear because of the existence of "RAPE".**

**"Rape culture" in which rape is prevalent, sexual assault against women is normalised, creates a society disregards women's rights and safety. It is a culture of violence, terror, and fear.**

**In India, a number of rape cases in the past few months bring the spotlight on the issue. Rape scored itself is the fourth most common crime against women in India. According to the 2019 annual report of the The National Crime Records Bureau, abbreviated to NCRB, 32033 rape cases were registered across the country, or an average of 88 cases daily**

**From blaming the victim of the rape to being sympathetic to the perpetrators India has proved that it has rape culture rooted right from its traditional times. After blaming a woman who have been raped is then treated as a "damaged good" or a "used item" who then suffer further afterwards.**

**Women face sexual harrasment every single day and everywhere, may it be the college, streets, public transport or in her workplace. What is more surprising is that women can't even say that their home is the safest place for them because many cases have been reported where family members are involved in harrassing women sexually and there must be many more cases which are not even reported due to the fear of false accusations or to be precise "log kya kahenge?"**



Priyampoli Kalita  
Assistant Secretary





## ক'ভিড-১৯ আৰু আমাৰ সমাজ



বিমান জ্যোতি বৰুৱা

বিশ্বজুৰি আতংকৰ সৃষ্টি কৰা কৰ'না ভাইৰাছ আৰু ইয়াৰ পৰা উৎপত্তি হোৱা ক'ভিড-১৯ মহামাৰী একবিংশ শতিকাৰ মানৱ সভ্যতাৰ প্ৰতি এক বৃহৎ প্ৰত্যাহ্বান হৈ থিয় দিছে। ইয়াৰ প্ৰভাৱত মানুহৰ আধুনিক জীৱনশৈলী, সমাজ ব্যৱস্থা তথা বিশ্বৰ অৰ্থনৈতিক ব্যৱস্থাত বিৰূপ প্ৰভাৱ পৰা পৰিলক্ষিত হৈছে।

আৰম্ভণি:=-

২০১৯ বৰ্ষৰ ডিচেম্বৰ মাহত চীনৰ হুবেই প্ৰদেশৰ সদৰ উহান চহৰত ধৰা পৰা কৰ'না ভাইৰাছক, মাৰ্চ ২০২০ত ৰাষ্ট্ৰীয় স্বাস্থ্য সংস্থা(WHO) এ পেনডেমিক(PANDEMIC) হিচাপে ঘোষণা কৰে। যিহেতু এই ভাইৰাছ বিধ আক্ৰান্ত ব্যক্তিৰ দেহৰ পৰা সুস্থ ব্যক্তিৰ দেহলৈ সংক্ৰমিত হয়, সেয়েহে ইয়াৰ সংক্ৰমণ ৰোধৰ বাবে সামাজিক দূৰত্ব, তলাবন্ধৰ দৰে নিয়ম কিছুমানৰ গঢ় লৈ উঠিল। ফলস্বৰূপে ইয়াৰ প্ৰভাৱ আমাৰ আধুনিক জীৱন প্ৰণালী তথা সমাজ ব্যৱস্থাত লক্ষণীয় হৈ পৰিল।

সমাজ ব্যৱস্থাত ক'ভিডৰ প্ৰভাৱ:=-

মানুহ হ'ল এক সামাজিক প্ৰাণী, সমাজ তথা সামাজিক সম্বন্ধ অবিহনে মানৱ জীৱন অৰ্থাৎ সম্পূৰ্ণ মানৱ সভ্যতাটো অৰ্থহীন। কিন্তু বৰ্তমানৰ ক'ভিড পৰিস্থিতিৰ বাবে উদ্ভৱ হোৱা সামাজিক দূৰত্ব আৰু তলাবন্ধই মানুহক সামাজিকতাৰ পৰা সম্পূৰ্ণৰূপে আঁতৰাই আনিলে। মানুহে আজি নিজকে ঘৰৰ ভিতৰতে আৱদ্ধ কৰিব লগীয়া হোৱাত শিশুৰ পৰা বৃদ্ধ লৈকে সকলোৱে এক অস্বস্তিত ভোগা দেখা গৈছে। সামাজিক অনুষ্ঠান, আমোদ-প্ৰমোদৰ পৰা নিজকে আঁতৰাই ৰখাৰ বাবে বহুতো মানুহ মানসিক চাপত ভুগিছে। বিদ্যালয়, মহাবিদ্যালয় সমূহ সম্পূৰ্ণৰূপে বন্ধ হৈ পৰাত শিক্ষা ব্যৱস্থাত বিৰূপ প্ৰভাৱ পৰা পৰিলক্ষিত হৈছে। ইয়াৰ উপৰিও তলাবন্ধৰ বাবে সমাজৰ প্ৰতিটো শ্ৰেণীৰ ব্যক্তি আৰ্থিক অনাটনত ভুগিছে। নিয়মীয়া আয়ৰ বাট বন্ধ হৈ পৰাত বনুৱাশ্ৰেণী তথা পেটে-ভাতে খাই থকা কৃষকসকলক ক্ষুধা, হতাশা, মানসিক আৰু শাৰীৰিক অশান্তিয়ে জুৰুলা কৰি তোলিছে। এনে কিছুমান পৰিস্থিতিৰ বাবে মানসিক ভাৱে ভাৰাক্ৰান্ত হৈ বহু লোকৰ মৃত্যু পৰ্য্যন্ত হোৱা দেখা গৈছে। কৃষিক্ষেত্ৰই হওক অথবা উদ্যোগিক ক্ষেত্ৰই হওক, উৎপাদনৰ পৰিমাণৰ পৰিৱৰ্তে চাহিদা বৃদ্ধি হোৱাত মূল্যবৃদ্ধিয়ে সকলোকে কোঙা কৰি তুলিছে।

এনেবোৰ সমস্যাৰ বাবেই আজি মানুহে কৰ'নাৰ সৈতে সহৱস্থান কৰাৰ পৰিৱৰ্তে যেন গতান্তৰ নাই, তেনে এটা পৰিস্থিতিৰ উদ্ভৱ হৈছে।

সামৰণি:=-

দেখা গৈছে যে ক'ভিড মহামাৰীয়ে প্ৰধানতঃ আধুনিক মানৱ সভ্যতাৰ প্ৰতি এক ভয়াবহ ভাবুকিৰ সৃষ্টি কৰিছে। এই মহামাৰীৰ ফলত বিশ্বৰ প্ৰতিজন ব্যক্তি প্ৰত্যক্ষ তথা পৰোক্ষভাৱে প্ৰভাৱিত হৈছে। ফলস্বৰূপে যি ভয় শংকাৰে ভৰা পৰিৱেশৰ সূচনা হৈছে, ইয়াৰ পৰা সকলোৱে আশা কৰা আগৰ স্বাভাৱিক জীৱনশৈলী এক প্ৰকাৰৰ সপোন হৈ পৰিছে। কিন্তু শাৰীৰিক আৰু মানসিক সবলতা, যুজাৰ মনোবল, আৰ্থিক সক্ষমতা তথা উন্নত চিকিৎসা সেৱাৰ জৰিয়তে যে মানৱজাতি মহামাৰী বিধৰ বিৰুদ্ধে জয়ী হ'ব পাৰিব, সেয়া ধুকপ।



## "টেকপালছ"

কাতি বিহ্ন বিশেষ সংযোজন



### সম্পাদকীয়



ডেভিদ শইকীয়া

সাহিত্যৰ অবিহনে যেন একো সম্পূৰ্ণ নহয়। সাহিত্যই জীপাল জীৱনৰ আধাৰ, তাকে যেন কলমেৰে প্ৰকাশ কৰাৰ ক্ষুদ্ৰ প্ৰয়াস আমাৰ। গোলাঘাট পলিটেকনিকৰ দৈনিক পত্ৰিকা 'টেকপালছ' বৰ্তমান পৰিস্থিতিৰ বাবে সৃষ্টি হৈ আছে। কেনভাছ ক্লাবৰ সহায়ত গোলাঘাট পলিটেকনিকৰ প্ৰথম খন ই-মেগাজিনৰ অংশ হবলৈ পায় আমি সুখী, আৰু আমাক নিজৰ সৃষ্টিৰে সহযোগ কৰা প্ৰত্যেক জনক আমি ধন্যবাদৰ লগতে পৰৱৰ্তী সময়তো এনেদৰে সহযোগ কৰিবলৈ অনুৰোধ কৰিলো, শেষত সকলোলৈকে বাপতিসাহোন কাতি বিহ্নৰ শুভকামনা যাচিলোঁ।

জয়তু কেনভাছ ক্লাব

জয়তু গোলাঘাট পলিটেকনিক

### তুলসীৰ ঔষধি গুণ :

- ১) তুলসীৰ বস খালে দাৰ ছাল, হাড়ৰ মাজত ৰোগে আক্ৰমণ কৰিব নোৱাৰে।
- ২) ক'লা তুলসীৰ বস খালে এজমা, ভাগৰ, জ্বৰ, পানীলগা, গ্ৰহণী, আজীৰ্ণ ৰোগৰ পৰা মুক্তি পোৱা যায়।
- ৩) তুলসীৰ বসে মানুহৰ তেজ পৰিষ্কাৰ কৰে।
- ৪) ব্ৰংকাইটিছ ৰোগ নিৰাময় কৰিব পাৰে।
- ৫) ক'লা তুলসীৰ বস ৩০ গ্ৰাম সপ্তাহত দুদিন খালে মেলেৰিয়া ৰোগ হ'ব নোৱাৰে।
- ৬) তুলসীৰ বসৰ লগত মৌজোল মিশ্ৰণ কৰি খালে কাহ-কফ নাইকিয়া হয়।
- ৭) হাইজা ৰোগত ক'লা তুলসী আৰু ক'লা নিমখ মিহলাই খালে সুফল পোৱা যায়।
- ৮) তুলসীৰ গুটি পিহি গাখীৰৰ লগত গৰম কৰি খালে শৌচ-বমি বন্ধ হয়।
- ৯) ২০ গ্ৰাম তুলসীৰ পাতৰ বস গৰম কৰি খালে কৃমি নাইকিয়া হয়।
- ১০) ক'লা তুলসীৰ পাতৰ বস খালে ডায়েবেটিছ ৰোগত তেজৰ শৰ্কৰা নিয়ন্ত্ৰণ হয়।
- ১১) তুলসীৰ বসৰ লগত চেনি মিহলাই খালে প্ৰস্ৰাৱৰ জ্বলা-পোৰা ৰোগ নাইকিয়া হয়।
- ১২) ফিকা চাহৰ লগত ক'লা তুলসীৰ ৫ টা পাত দি চাহ খালে যকৃৎ ৰোগ ভাল হয়।
- ১৩) তুলসীৰ গুটিৰ লগত মৌ মিহলাই খালে পুৰুষৰ শুক্ৰ বৃদ্ধি হয়। শক্তি বাঢ়ে।
- ১৪) ক'লা তুলসীৰ পাতৰ লগত মৌ মিহলাই খালে কোষ্ঠ ৰোগ নাইকিয়া হয়।
- ১৫) দিনে ৫টা ক'লা তুলসীৰ পাত চোবাই খালে তেজ পৰিষ্কাৰ হয়।
- ১৬) যকৃতৰ ৰোগ নিৰাময় কৰি সুস্থ কৰি ৰাখে।
- ১৭) কলেৰা, মেলেৰিয়া ৰোগ নাইকিয়া কৰে।
- ১৮) কুষ্ঠ ৰোগৰ মহৌষধ বুলি কোৱা হয়।
- ১৯) ক'লা তুলসীৰ বস সপ্তাহত দুবাৰকৈ খালে উচ্চ ৰক্তচাপ ৰোগ নিয়ন্ত্ৰণ হয়।
- ২০) নিউমোনিয়া জ্বৰ, কাহ আদিত ক'লা তুলসীৰ বস খালে এই ৰোগ উপশম হয়।
- ২১) ইনফ্লুয়েঞ্জা ৰোগৰ বাবে তুলসী পাতৰ বস উপকাৰী।
- ২২) ক'লা তুলসীৰ পাত পাঁচটাকৈ সপ্তাহত দুদিন চোবাই খালে গ্ৰহণী ৰোগ নিৰাময় হয়।
- ২৩) চকু ৰঙা পৰা বা চকু উঠা ৰোগত তুলসীৰ বস চকুত দিলে এই ৰোগ নিৰাময় হয়।

লেখক: ধনেশ্বৰ হুজুৰী(স্বাস্থ্য আৰু দীৰ্ঘজীৱন)



## টেকপান্নাচ

কৃষ্টি বিহু বিশেষ মংযোজন

### আমাৰ আপোন কৃষ্টি বিহু



বিবেক বিকুল পাতৰ  
সংগ্ৰাহক

কৃষ্টি বিহু হ'ল ভক্তি আৰু শান্তিৰ অমৃতময় উৎসৱ। অসমীয়াই বছৰৰ তিনিটা ভিন ভিন সময়ত তিনিটা বিহু পালন কৰে। চত-ব'হাগৰ দোমাহীত ব'হাগ বিহু আহিন-কৃষ্টিৰ দোমাহীত কৃষ্টি বিহু আৰু পুহ-মাঘৰ দোমাহীত মাঘ বিহু। চত বা ব'হাগ বিহু ৰঙালী, কৃষ্টি বিহু কঙালী আৰু মাঘৰ বিহু ভোগালী। তিনিওটা বিহুৰ ভিতৰত কৃষ্টি বিহু আটাইতকৈ অনাড়ম্বৰ ভাৱে পালিত হয়। অসমীয়া সকল কৃষ্টিজীৱি লোক। সেয়ে জাতীয় উৎসৱ বিহুৰ কৃষ্টিৰ লগত সম্বন্ধ আছে। কৃষ্টি মাহত ধানে গৈ মেলে। ই ফালে অসমীয়াৰ ভৰালৰ ধানো শেষ হয়। গতিকে অসমীয়াই কৃষ্টি বিহু বিশেষ উলহ মালহেৰে পালন নকৰে।

কিন্তু এই বিহুত জড়িত হৈ থাকে খেতিয়ক ৰাইজৰ এপথাৰ আশা। ধানে গৈ মেলে আৰু কেইদিনমানৰ পিছতে পথাৰ সোণালী ধানেৰে ভৰি পৰিব। ভৰি পৰিব প্ৰতিঘৰ অসমীয়াৰ গুটি ধানৰ, গছি ধানৰ ভৰালবোৰ। কৃষ্টি মাহত যদি শইচত পোক লাগে তেন্তে ভৰাল উদং হৈয়ে ৰ'ব। সেয়েহে কৃষ্টি বিহুৰ দিনা ধাননি, পালনি, গোহালি আদিত সন্ধিয়া চাকি জুলোৱা হয়। আকাশ বন্তি জ্বলায়। আন্ধাৰ ৰাতি জ্বলি উঠা চাকিৰ শিখাত পোক-পতংগবোৰে গা হৈ আত্মজাহ দিয়ে। শস্য সুৰক্ষিত হয়। কৃষ্টি বিহুত ধাননিত আৰু ঘৰৰ চোতালত তুলসী পুলি ৰোৱে। পুৱাতে ঘৰ-চোতাল গোবৰ-মাটিৰে মচি নিকা কৰা হয়। সন্ধিয়া তুলসী তলত চাকি-বন্তি জ্বলাই শৰাই দিয়ে। অসমীয়াৰ চোতালে চোতালে ধ্বনিত হয়

“তুলসী কৰণি - ঐ ৰাম  
ভেলত নাই তৰণি - ঐ ৰাম  
ভেলৰ বাকী গতি হয় হৰি  
গোপাল গোবিন্দ ৰাম।  
তুলসীৰ তলে মৃগ পছ চৰে  
তাকে দেখি ৰামচন্দ্ৰই শৰধনু ধৰে।

তুলসী হিন্দু ধৰ্ম মতে অতি পৱিত্ৰ গছ। এই গছৰ পৰা ৬৫০ ফুট দূৰলৈ বেমাৰৰ বীজাণু, কীট-পতংগ থাকিব নোৱাৰে। হয়তো সেই বাবেই তুলসী গছক পূজা কৰা কৃষ্টি বিহুৰ মুখ্য পৰম্পৰা। কৃষ্টি বিহুতে হেনো দেৱতাৰ নিদ্ৰা ভংগ হয়। আহাৰ, শাওণ, ভাদ, আহিন এই চাৰিমাহ বিষ্ণু শয়নৰ সময়। কৃষ্টিবিহুৰ দিনা তেওঁৰ শয়ন সম্পূৰ্ণ হয়। তাৰ পিছৰে পৰা দেৱ-দেৱীসকল মৰ্তলৈ আহে আৰু মানুহৰ পূজা সেৱা গ্ৰহণ কৰে। সেয়েহে হয়তো কৃষ্টি বিহু সম্পূৰ্ণ ভক্তিৰ মাজেৰে পালন কৰা হয়। ভক্তি, তুষ্টি, আশা আৰু প্ৰতিশ্ৰুতিৰে ভৰা কৃষ্টি বিহুয়ে শৰতৰ নিয়ৰে সেমেকা দুবৰি গছকি যেতিয়া অসমীয়াৰ পদূলি গৰকে, তেতিয়া আৰু কোনো অসমীয়াই দৰিদ্ৰ জীৱনৰ দুখ-কষ্টবোৰ মনত পেলাব নোৱাৰে। সকলোৱে উলহ-মালহেৰে চাকি বন্তি জ্বলাই তুলসীৰ তলত সেৱা জনাই উচ্চাৰণ কৰে -

‘তুলসী দৰ্শনে পুণ্যং  
পৰশনে পাপ নাশনং  
ছায়া সৰ্ব তীৰ্থানী  
তুলসীভ্যো নমোনমঃ’





কৈনডাজ ই-আন্দোলনী..

# "টেকদামচ"

কাতি বিহু বিশেষ সংযোজন

## কঙালীৰ কিৰণ



বৰষা দিকচন

কাতি মাহৰ আগমনে আগবঢ়াই  
আশাৰ ৰেঙণিৰ এক প্ৰজ্জ্বলিত বন্তি,  
কঙালীৰ প্ৰতিটো দুখভৰা খোজক মুহাৰি  
সুখভৰা প্ৰতিশ্ৰুতি বিয়পায়,  
আকাশ বন্তিৰ কিৰণে মাতৃভূমিৰ সকলো কোণতে  
জাঁৱন যুঁজ দিবলৈ পোহৰৰূপী শক্তি বিলায়,  
মেউজী ধৰণীৰ মোহনীয় ৰূপৰ প্ৰতিচ্ছবি  
এই বিশ্বৰ নয়নে প্ৰাণভৰি চায়,  
সময়ৰ হাতত ধৰি পলে-পলে  
কৃষ্টি-সংস্কৃতিৰ বাট উজ্জ্বলাই,  
তুলসীৰ তলে-তলে, ভূৰালৰ দুৱাৰতে  
বন্তিৰ হাঁহিৰে কঙালীৰ নাশ মাতি  
ভোগৰ ৰঙালীক হেপাহেৰে নিমন্ত্ৰণ জনায়।

## তুলসী তলে মৃগ পহু চৰে

তুলসীৰ তলে মৃগ পহু চৰে / তাকে দেখি  
ৰামচন্দ্ৰই শৰধনু ধৰে।



ডেভিদ শইকীয়া

আপোন, আমাৰ বাপতিসাহেন,  
নাহে যেন লাগে আপোন,  
নাহে লাগে যেন পুহ  
ধেকীৰ মাতে বিহু বুকু,  
পাতিম, পাতিম আমি কঙালী বিহু।

আজি উখনমাখন চোতাল,  
চিকুণ মন, ন-সাজত ভৰাল।  
আজি উখনমাখন পথাৰ,  
আনিয়ে আনিয়ে ঢাকি বন্তি  
ভেটি সাজি, ৰোই তুলসীক  
বহিছোহি যা প্ৰসাদ ষোগোতাই।

মেউজীয়া সোণালী হৈছে,  
নিয়ৰৰ টোপালে আনিছে।  
সপোনবোৰ সজীৰ, কষ্টবোৰ সাৰ্থক,  
উজ্জলোৱা মোৰ পথাৰ ঢাকি পোহৰত  
কাতিয়ে কাটা খন আনিছে।

## প্ৰশ্ন?



আশ্ৰমজ্যোতি শইকীয়া

তুলসীৰ তলে তলে মৃগপহু চৰে  
তাকে দেখি ৰামচন্দ্ৰই হৰধনু ধৰে এতিয়া  
মৃগ পহু চৰিব কত?  
তুলসী ভেটি বুৰ কত?  
তুলসী বুৰলৈ আছে ভেটি কত?  
ভেটি মাটি গঢ়িবলৈ জাতি কত?  
জাতিক জগাবলৈ ধৰম কত?  
আৰু ধৰম গঢ়িবলৈ মানৱ জাতি কত?  
বিনষ্ট পৰিবেশৰ তলত প্ৰদূষণ সৰিছে  
আৰু তাকে দেখি  
আমাৰ অসমীয়াই লেতেৰা ও কৰিছে  
কাতি বিহু বুলি তুলসী ভেটি বনাইছে  
কাটি বিহু হয় যোৱা পিছত  
তুলসী ভেটি তো অস্তিত্ব নোহোৱা হৈছে।  
শেৱালি ফুলৰো আজি নফুলাৰ মন,  
তুলসীৰ ৰ পাতে গজি আকৌ সৰিব ধৰিছে,  
নুফুলু নুফুলু কে আকৌ ফুলি  
শুকাই সাং বাং হৈ গৈছে  
স্বদেশৰ মাটিত বিদেশীৰ চকু পৰিছে  
আৰু আমাৰ ভেটিটো দেখোন  
এটা বিশাল ফাট হৈ মেলিব ধৰিছে।

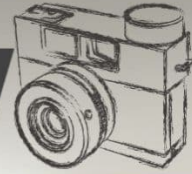




# CANVAS E-magazine..



# PHOTO-GALLERY



**ANUP HANDIQUE**



**SATABDI BORUAH**



**DAVEED SAIKA**



**ASHROM SAIKIA**



**DEBASISH DUTTA**



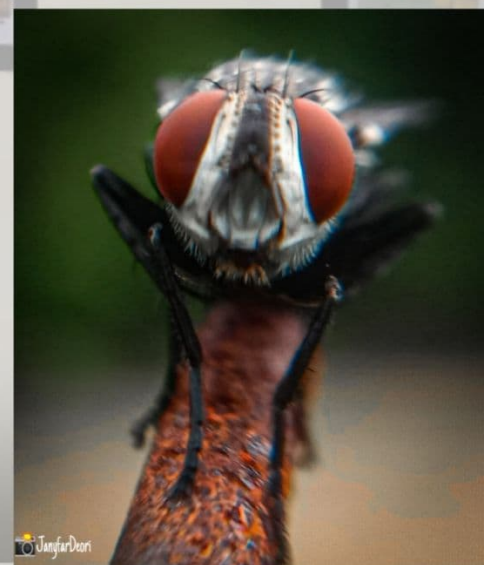
**JENYFER DEORI**



*Ashrom Saikia*  
PHOTOGRAPHY



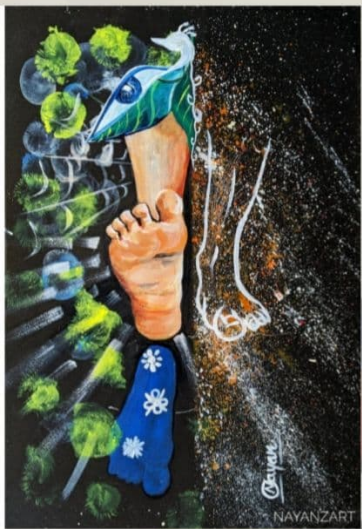
2020.06.11 15:42



JenyferDeori



**ART - GALLERY**



**NAYANJYOTI SAIKIA**



**MONJIL HAZARIKA**



**DEBASISH DUTTA**

**DEEPMONI GOGOI**

**ASHROM JYOTI SAIKIA**

**RICKY BARUAH**

